

Blood Levels

I began drinking Zija in November of 2009. After drinking Zija for one month, the pain in my hands, back and legs disappeared. Six weeks later, I noticed my blood sugar had dropped and was staying between 95-120. Before I began drinking Zija it tested anywhere from 180-190. The only thing that had changed in my diet was the Zija. I decided to do my own experiment. I thought maybe I just wanted it to work well for me, so, I went off of Zija for one month. Needless to say, the pain in my hands, back and legs came back. Not only my pain returned, but my blood sugar spike 40 points and almost returned to the high level it was before I began to drink Zija. I began drinking Zija again and taking the XM3 capsules. I now have more energy than I have ever had before. I am on Zija for life!!

Carol C. — Sebree, KY

BLOOD PRESSURE & SLEEP

Zija has helped me normalize my blood pressure. And I am sleeping much better since I started drinking Zija.

—Lou D. Mcdonough, GA

I have been doing the XM3 drink and the smart mix since last October. I have lost 17 lbs. My husband is a diabetic; his blood sugar has dropped 150 points. He was taking ibuprofen due to arthritis in his back and he no longer takes that and no longer has back pain.

Margaret B. – Albany, KY

BLOOD PRESSURE NORMAL WITHOUT MEDS

I've been fighting high blood pressure for 3 years. A couple of months ago, I resigned myself to the fact that I would have to take medication. I went to the doctor who put me on a medicine. A month later, my blood pressure had not come down.

It was 167/102. So, my doctor decided to double my dose. I went out and filled the Rx and it cost me \$54.99. The next day, I received a sample of Zija and I started learning about it. Even from the first day, there was a slight reduction in my blood pressure.

Within a week, it was 125/80, with little variance. I believe the 36 anti-inflammatory agents are what's working for me. Today, my blood pressure continues to stay within the normal range without medication. I started with one pack a day (of the Smart Mix) but soon realized I needed two a day for my weight and condition.

I continue to tell people I meet about my results and have signed on many of my family and friends as preferred customers or distributors. My business grows daily. In my second month, I received \$463 in commissions. I've been involved in many other MLMs and never made a dime. Zija is different. People are drawn to the product and all its wonderful benefits and the business just follows naturally.

—Diana P., Helena, MT

The product has done some amazing things for me. I have been consuming the smart

drink for 14 months, I have been off my blood pressure meds for a year, my diabetes meds for 8 months, and my joint pain in my shoulder has been virtually eliminated. The opportunity has been great; the extra cash comes in handy with great opportunity for lots of growth.

David E. – Munfordville, KY

BETTER SLEEP, HIGH BLOOD PRESSURE & CHOLESTEROL

One of my customers started Zija for insomnia, and within two days, was sleeping like a baby. After 5 weeks, she came out of the doctor's office testing for her high blood pressure and it had dropped down to 120/80, and her cholesterol was normal. She was able to come off of her meds for these, and she lost five lbs. in the process!

—Jake W., Atlanta, GA

HIGH BLOOD PRESSURE

My lifestyle for the past ten years was a daily diet, exercise, taking blood pressure and cholesterol lowering pills. It included a regular monthly visit to my doctor, quarterly or semi-annually blood-work, and a yearly physical examination. In spite of this routine, my high blood pressure was always a problem. When I started drinking Zija, I made it my medicine.

My daughter takes my blood pressure every day and noticed for the first three months it never went high. Fatigue, migraines and dizziness, which I have been living with is now alien to me. Zija is Life. I consider it now my life's mission to reach out with this miracle product and introduce it to everyone.

—Grace D., Jersey City, New Jersey

I have been consuming Zija and XM3 for 6 weeks. I am a diabetic and have high blood pressure. Both are maintaining a normal state. I have not taken my medication in two weeks, my feet no longer hurt, have energy, clearer mind, and no pain in wrist and back. I have lost 21.5 pounds. Love it!

Kerry I. - Fort Meyers, FL

In mid January 2009 I was hospitalized with chest pains, I am a diabetic and my elevated glucose levels were out of control, it took them 4 days and numerous tests and insulin injections to get it regulated and somewhat normal. I was sent home with a hand full of prescriptions, three diabetic medications, including insulin I had to inject daily, blood pressure meds, and cholesterol meds. Mid August I started consuming Zija, and mid September I began the weight management system. I've lost nearly 40 pounds, tossed all but 2 of my medications haven't had an insulin shot in months, and have more energy than I've had in years."

Neil N. - Hardyville, KY