

## SLEEP & MENTAL CLARITY

With the Zija product I have found that I have more energy and stamina to get through the day. I sleep better at night, have more mental clarity, and I am able to stay focused better and longer. This is in addition to getting all the supplementation of the nutrients I need to stay healthy on a daily basis!

—Tony Y., Queens, New York

I was presented with the opportunity from Rodney Armes. A little skeptical, once I took the canned beverage I was sold. I immediately began sleeping better, had more focus, and lost 8 lbs. in one month. I use to eat fast food and it doesn't even taste good anymore.

Shawn H. – West Lafayette, IN

My first improvement was sleep, and then came mental clarity and unlimited energy. I have lost 15 lbs. over the last year. My mother's blood pressure has dropped along with weight loss and her oxygen level has greatly improved in her lungs. God designed the body to heal itself if we give it the nutrients it needs. I truly love to help people get off prescriptions and improve their health.

Susan H. – Hodgenville, KY

## MY TOP 15 HEALING BENEFITS

I have used Zija extensively over the past 8 month (on myself and clients). I can honestly say there is nothing like it! After 25 years as a Clinical Nutritionist, I know this is a product I can endorse without reservation. Here are my top 15 results.

—Mark Mandela, Zija Leading Distributor

- 1) No more sleep apnea
- 2) No more sinus congestion
- 3) No more bloating after eating
- 4) Need only 5 to 6 hours of sleep and not 8 or 9 hours
- 5) Don't go to the bathroom in the middle of the night
- 6) Less muscle cramping and less leg fatigue
- 7) Much more calm under stress—"cured my road rage!"
- 8) No more hypoglycemia
- 9) Better flexibility and almost no joint pain
- 10) No more adrenal exhaustion
- 11) No Irritable Bowel Syndrome
- 12) No more food and air allergies
- 13) Greater lung capacity, from 68% to 85%
- 14) More stamina during, and faster recovery after, tennis and basketball
- 15) Better mental clarity and focus

## WELL-BEING ~ NO MORE ROAD RAGE

Zija cured my road rage! "So, you want to cut me off? Sure, go ahead! What, you too? Why not? I'm not in a hurry any more!"

—Mark Mandela