

INFLAMMATION

I have been drinking Zija for approximately two months. After drinking the product for one week, I noticed significant relief from lower back pain due to sciatic nerve inflammation that I've been suffering from since 1991. I had to take 2 to 3 pain pills a day to relieve this pain, which caused me to feel sluggish and drowsy all the time. I also noticed that the pain in my wrist due to a ganglion cyst also disappeared. I wake up every morning full of energy. I truly thank God for Zija because it has given me my life back.

—Previn B., Newnan, Georgia

ARTHRITIS

I have had severe arthritis for many years and was taking several prescription medicines, which were adversely harming my health. I was getting progressively WORSE, only in my 30's in age. My intestines were tied up in knots (slowed motility) from bad side effects with drugs like Celebrex®. I refused to take other big pharmaceutical drugs that had been prescribed and are now recalled and banned by the FDA.

I was also on large dosages of painkillers. I went on three cans of Zija per day for six weeks, and lost 20 pounds (that I needed to lose, and I have maintained the weight loss to this day), and my arthritis remains in complete remission, as long as I continue to take at least one can of Zija per day for maintenance. I am off the painkillers and now able to swim daily, which would have been impossible prior to Zija.

—Elisa B., Los Angeles, California

I started taking Zija in March of 2009. The first thing I noticed was the absence of joint pain. Next, I noticed that I was sleeping better at night and that my restless leg problems stopped. I have also noticed an improvement in my eye sight. Last but not least my energy level and a sense of wellness have improved. Zija works!

Glen R. – Buffalo, KY

SCOLIOSIS

This product never ceases to amaze me! Before Zija, I suffered from immense pain in my lower back due to a spinal condition called scoliosis. I also suffered from extreme fatigue and acne. Since I started consuming Zija, the pain in my back is gone, my energy level has increased substantially and my skin is flawless! My nutritionist confirmed that like most people, I suffered from malnutrition, which is simply the body lacking the nutrition it needs to perform and repair itself at an optimal level.

Zija fills that void in our nutrition by providing us the essential nutrients we need in our bodies. Hence, my entire family and I are benefiting from regularly consuming Zija. I am forever grateful to Zija for formulating such an incredible product.

—Keisha H., Atlanta, Georgia

I prayed to God that I could find something that would help my back. Some day's I can't walk. My sister called me and told me about Zija. Since I have been taking it I am down to one pain pill a day with the Zija drink mix.

Freddie T. – Louisville, KY

Within a week of consuming Zija, I was sleeping better and my joint pain had subsided, I haven't

had any migraines since. My sugar has leveled out. No more hot flashes, no more mood swings!
My husband had to give up his refereeing and umpiring and his now back calling games and
coaching ball again. I never realized the pain that I was in before Zija.

Robyn E.- Buffalo, KY