

I started drinking Zija in September of 2008. Within the first week, I noticed that I slept a lot better than I did in the past. I played sports all throughout high school and played college football and because of this, I did have joint pain in my knees and shoulder. After drinking Zija for about a month, my joint pains have pretty much gone away. I also have severe allergies in the spring, which require shots. This spring I did not had a single shot and I did not have any allergy issues. I was able to go outside to mow the yard, work in my landscaping, and play golf without getting itchy eyes, sneezing, or sinus issues. This spring was the best spring I have had in about 15 years. I also do not eat any vegetables or fruits so I know I am getting the nutrients that I have not gotten in my body for many years. In September of 2009, I started using the XM3 capsules with the Zija smart drink. Since September 29, 2009, I have lost 38 pounds and have surpassed my goal. It is amazing that I am getting healthier each day, losing weight, and getting paid to do it. Wow!

Kelly S. - Hodgenville, KY

MENSTRUAL CYCLES, DAUGHTER'S ALLERGIES & SON'S ADHD

The most pivotal day of my life occurred when my friend introduced me to Zija. I had no idea how much it would change my health and the health of my children. I have suffered from Polycystic Ovarian Syndrome for 20 years. Taking the Zija balanced my reproductive hormones and regulated my menstrual cycle in only three weeks.

I adopted my daughter from China when she was just 7 months old. Since day one, she has been plagued with terrible allergies. She had been on allergy medication since I brought her home from China, and she is now four-and-a-half years old. After taking Zija for just two weeks, she no longer needs her allergy medicine, and she feels great!

In addition, my seven-year-old son was diagnosed with ADHD a year ago. Since his diagnosis, he has been on several medications, all of which had resulted in depression and severe stomach problems. I started him on a daily serving of Zija. After he was off all his medication for two weeks, I received a call from his teacher. She asked me what medication he was now on, because she had noticed such an increase in his retention and concentration! And my kids love the taste of Zija and ask for the "green drink" before they go to bed.

Zija is the best thing that I have ever done for my health and my family's. We are now looking forward to a long, healthy life together... and a better lifestyle through the Zija opportunity!

—Nancy R., Illinois

I had severe pain in both knees. I had allergies, and asthma. Not only have I lost 37 lbs., but I have no knee pain, no allergies and no asthma. I also had a hyper- active 12 year old son who's very smart but was not living up to his potential. Now he is leveled out and an A student. Now he tells me he can't wait until he is old enough to do the business. I love being a part of a product and company that has the vision to truly impact the lives of so many souls and look forward to do my part in taking the message of Zija to the world.

Jennifer L. – Munfordville, KY

Since drinking Zija I have noticed an incredible reduction in allergy and sinus problems. It is something I have battled for years and treated with shots, medicine, and herbal remedies. None of those have been near as effective as Zija to take care of my symptoms. My 9 year old son is seeing benefits with his allergies from drinking the product as well. I also had become quite a caffeine addict but with two cans of Zija a day and a very small amount of XM3, I no longer need coffee to energize me through the day. The natural energy is amazing! It lasts all day , it

doesn't hype me up or cause my heart to race, and I don't crash later. It is Zija for life for me!"
Jonathan M. - Bowling Green, KY

Our family has seen great results with Zija. Our daughter has battled allergies for 2 years and is now off her allergy meds. Our son is a cancer survivor and his immune system has been great with Zija. I dealt with migraines and other medical concerns before Zija. My overall health has increased noticeably.

Stephanie L. – Crestwood, KY